

Adults need around 2000 kcal a day

sourced.

Everything on our menu is locally sourced, meaning all of our produce travels fewer than 50 miles to arrive on your plate.

STARTERS

HOMEMADE SOUP OF THE DAY **Ve** **Gf** kcal on request
Toasted sourdough 7.50

LOCALLY FARMED STICKY PORK BELLY BITES **Gf** 1149kcal
Sticky apple glaze, red cabbage, apple sauce & crackling 8.95

PRESSED CHICKEN & HERB TERRINE 542kcal
Locally farmed chicken, herbs, onion chutney, sourdough 8.50

CHILLI & GARLIC PRAWNS **Gf** 512kcal
Mango salsa, watercress salad, charred lime 11.50

CRISPY DUCK SALAD 463kcal
Sweet chilli & orange dressing, Asian slaw 8.95

ROASTED BEETROOT SALAD **Ve** **Gf** 496kcal
Harissa, butternut squash, baby spinach 6.95
Add grilled Worcester goats cheese **V** **Gf** 291kcal 5.00

MAIN COURSES

TRIO OF LASHFORD SAUSAGES
Ask for today's flavour, kcal on request
Buttered mash, spring greens, crispy onion rings, caramelised red onion & thyme gravy 19.95

SLOW BRAISED BRISKET **Gf** 1269kcal
Horseradish mash, thyme roasted baby carrots, red wine gravy 24.95

PAN ROAST SALMON **Gf** 1223kcal
Italian hard cheese & pesto crust, dill new potatoes, sauteed greens, dill hollandaise 19.95

BUTTERNUT SQUASH & PEA RISOTTO **Ve** **Gf** 927kcal
Toasted seeds, crispy sage 15.95
Add grilled chicken **Gf** 220kcal, goats cheese **V** **Gf** 291kcal or king prawns **Gf** 162kcal 5.00 each

CHICKEN SUPREME **Gf** 986kcal
Lyonnais potatoes, baby spinach, creamy grain mustard sauce 19.95

10oz LOCAL RUMP STEAK **Gf** 971kcal
Chips, peas, roasted tomato & mushroom 25.95
Add garlic butter **V** **Gf** 256kcal, diane **Gf** 263kcal, peppercorn **V** **Gf** 64kcal or béarnaise sauce **V** **Gf** 281kcal 3.95 each

6oz BRITISH CHEESEBURGER 1496kcal
Worcester Gold cheddar, chips, crisp onion rings, pickled slaw 16.95

CLASSIC CAESAR SALAD 667kcal
Crisp cos, Italian hard cheese, croutons, soft boiled egg, anchovies, creamy Caesar dressing 11.50
Add grilled chicken **Gf** 220kcal, goats cheese **V** **Gf** 291kcal or king prawns **Gf** 162kcal 5.00

HAND-BATTERED HADDOCK & CHIPS 1236kcal
Mushy peas, tartare sauce 18.95

CLUB SANDWICH 1681kcal
Triple decker with chicken, bacon, egg mayonnaise, lettuce, tomato, fries, pickled slaw 15.50

SIDES

FRIES **Ve** **Gf** 47kcal
CHIPS **Ve** **Gf** 443kcal
SWEET POTATO FRIES **Ve** **Gf** 481kcal

4.50 ONION RINGS **Ve** 600kcal 4.50
4.50 GREEN VEGETABLES **Ve** **Gf** 228kcal 4.95
4.95 NEW POTATOES **Ve** **Gf** 236kcal 3.95

MIXED SALAD **Ve** **Gf** 133kcal 4.50
GARLIC BREAD **V** 463kcal 5.00
Add cheese **V** 159kcal 1.95

DESSERTS

CECI HILL CHEESEBOARD **V** **Gf** 826kcal
Worcester Gold cheddar, Shropshire blue & Somerset brie, farmhouse tomato chutney, celery, grapes, oatcakes 9.95

APPLE & BLACKBERRY ETON MESS **V** **Gf** 831kcal
Blackberry coulis 9.50

WARM CHOCOLATE FONDANT **V** **Gf** 628kcal
White chocolate ice cream, popping candy, chocolate shard 8.95

LEMON CHEESECAKE **Ve** **Gf** 437kcal
Mango coulis, mango sorbet 8.95

APPLE & RASPBERRY CRUMBLE **Ve** 411kcal
Custard 8.95

WARM CARAMELISED BISCUIT COOKIE PIE **Ve** 525kcal
Vegan vanilla ice cream 8.95

TRIO OF CHURCHFIELDS ICE CREAMS **V** **Gf**
Ask for today's flavours, kcal on request 5.95

TOPPINGS
Flake 50p 148kcal
Two flakes 95p 296kcal
Chopped mixed nuts 95p 151kcal

Find out more
about our
suppliers.



BEHAN BROS FAMILY BUTCHER

Suppliers of fresh meat. Family run since 1959, Behan Bros prepare the best local meat traditionally.

KINGFISHER

Suppliers of fresh fish and seafood. They source, prepare and deliver the best quality fresh and frozen fish and seafood.

CHURCHFIELDS ICE CREAM

Suppliers of ice creams and sorbets. The dairy farm dates back over 100 years and five generations. They have won countless awards since launching their ice cream nearly 20 years ago.

CECI HILL FINE FOOD

Suppliers of cheese. Ceci Hill is a family run business supplying fine foods.

C&M FRESH PRODUCE

Suppliers of fresh fruit & vegetables.

If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen free due to the potential of cross-contamination. **V** Vegetarian. **Ve** Vegan. **GF** Gluten free dishes are produced utilising non-gluten containing ingredients.